

**WHAT IS CLAIMED IS:**

1. A genital lubricant composition comprising:
  - i) at least one ingredient selected from the group consisting of fatty acids and homeopathic dilutions of plant or animal extracts; and
  - ii) a physiologically acceptable carrier.
2. The genital lubricant composition of claim 1, wherein it consists essentially of a mixture of fatty acids in combination with a physiologically acceptable carrier.
3. The genital lubricant composition of claim 2, wherein said fatty acids are isolated or purified from plants.
4. The genital lubricant composition of claim 2, wherein said fatty acids are essential fatty acids.
5. The genital lubricant composition of claim 2, wherein it comprises hemp seed oil.
6. The genital lubricant composition of claim 5, comprising from about 0.01% vol./vol. to about 3% vol./vol. hemp seed oil.
7. The genital lubricant composition of claim 6, comprising from about 0.05% vol./vol. to about 0.5% vol./vol. hemp seed oil.
8. The genital lubricant composition of claim 2, wherein said fatty acids comprise linoleic (C18:2) and linolenic (C18:3) fatty acids.
9. The genital lubricant composition of claim 8, wherein said linoleic and linolenic fatty acids are present in the ratio of about 1 to 3.

10. The genital lubricant composition of claim 2, further comprising a homeopathic dilution of plant extracts.

11. The genital lubricant composition of claim 2, wherein it forms a lotion, a cream, a gel or a vaginal insert.

12. The genital lubricant composition of claim 2, wherein said physiologically acceptable carrier comprises water, a thickening agent and a lubricating agent.

13. The genital lubricant composition of claim 2, for use as a vaginal moisturizer, or as a personal lubricant for use prior or during sexual intercourse.

14. The lubricant composition of claim 1, wherein it consists essentially of a homeopathic dilution of plant or animal extracts in combination with a physiologically acceptable carrier.

15. The lubricant composition of claim 14, wherein said plant(s) or animal(s) are selected from the group consisting of *Caladium seguinum*, *Sepia officianalis*, *Lycopodium clavatum*, and *Onosmodium virginianum*.

16. The lubricant composition of claim 14, wherein it comprises an effective amount of said homeopathic dilution so that, when applied to the genitalia, it reduces sexually related problems associated with sexual intercourse.

17. The lubricant composition of claim 14, comprising about 1% vol./vol. of said homeopathic dilution.

18. The genital lubricant composition of claim 14, further comprising from about 0.05% vol./vol. to about 0.5% vol./vol. hemp seed oil.

19. The lubricant composition of claim 14, wherein it forms a lotion, a cream, a gel or a vaginal insert.

20. A genital lubricant composition comprising about 0.05% to about 0.5% hemp seed oil in combination with a physiologically acceptable carrier so that it forms a lotion, a cream, a gel or a vaginal insert.

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21. A method for preventing or treating vaginal dryness, comprising the step of applying the genital lubricant composition of claim 1 inside the vagina.

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